



Peter's Patch
Forest School - Day Care - After School Club

Intimate Care Policy

Toileting, potty procedures and routines

- Child indicates to staff member when he/she needs to use toilet or potty.
- Staff member will stand at door and assist if/when required.
- Staff member will encourage good hygiene, flushing toilet and washing hands. Soap is in hand dispensers on wall above sink.
- Potties will be washed immediately with anti-bacterial spray.
- Staff member will always wash hands when assisting a child with toileting.
- Children will be treated with respect and dignity regardless of gender, race, or religion.



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Peter's Patch nappy changing routine

- Wash hands gather child's nappy, wipes appropriate cream. Only use children's own nappies, wipes, and creams.
- Put on disposable gloves.
- Place child on nappy changing mat.
- Change the nappy wiping from front to back.
- Soiled children should be wiped away from children's genitals. Use a different wipe for genital area. This will avoid infection. Remember to always talk to the child while changing nappy.
- Put nappy and disposable gloves in the dispenser.
- Place child back onto the floor.
- Wash child's hands as well as your own, this is an important preparation for good personal hygiene in the future and should be seen as part of the nappy changing routine.



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SPRAY MAT WITH ANTI BACTERIAL SPRAY AFTER EVERY CHANGE, this will reduce cross infection and is vital.

*The Intimate Care Policy and Guidelines Regarding Children have been developed to safeguard children and staff. They apply to everyone involved in the intimate care of children.

*Intimate care plans have been reviewed in the light of Covid-19 in order to ensure they follow the best possible guidance, they give advice on appropriate PPE e.g. gloves, Aprons, masks or shields, how to follow social distancing measures and spraying changing mats with anti-bacterial spray after every use.

*Staff follow the correct procedures in order to maximise their protection and minimise the risks involved.

*We will ensure that staff are provided with the equipment, including PPE, necessary to provide intimate care in a safe manner. Taking all reasonable steps to minimise risk.



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*A staff member should never be behind a closed door alone with a child. All doors must remain open whilst protecting the child's dignity at the same time.

*PPE will be worn during nappy changes and disposed off in nappy bin.

*Staff should dispose of contaminated waste by putting them into a double bag and then into sealed bins provided.

*Increase cleaning of surfaces in rooms, including desks and handles, and within toilet blocks and nappy changing rooms, adhering to guidance on cleaning of non-healthcare settings. Flexible timetables will be used for toileting.

*visiting the toilet one after the other with flexible timetables.

Updated: November 2024